

All Stars in Portishead

Date: 13 Aug 2008

A sports club for adults with learning disabilities has been set up at Parish Wharf Leisure Centre in Portishead.

The All Stars club will run every Wednesday from 10am until 12noon with the first session starting on September 3 2008.

Every week there will be a range of different sporting activities on offer to include: football, floor lacrosse, basketball, tball, athletics, boccia, curling, badminton, kwic cricket, tennis and bowls.

'All Stars' has been set up to encourage adults to get more physically active.

The club offers a social approach to exercise in a fun welcoming environment, for those who may not feel ready or able to join a local community sports club just yet.

Friends, families and carers of those attending are very welcome to attend and participate.

If you would like further information about the club please contact the Sports Development Team at North Somerset Council on 01275 812049 or email sport@n-somerset.gov.uk