

**THE ACADEMY**      **PORTISHEAD**  
Units 4, 9 & 10 Harbour Road Trading Estate

Classes incorporate jumps, dance, tumble and stunts, cheers and chants. People of all ages and abilities participate as part of a cheerleading team.

# CHEERLEADING



## CLASSES FOR ALL AGE GROUPS

4pm - 4.50pm Under 8's

5pm - 5.50pm Under 11's

**TUESDAY**    **£3.50**    **Unit 4**  
6pm - 7.40pm Senior School

Cheerleading is a combination of dance, jumps, gymnastics and stunts!

Its fun, its different, its challenging, it's a TEAM sport.

Not only do you get to keep fit and learn amazing new physical skills, you also get to make loads of new friends and develop many

skills that will help you in your future years such as teamwork, self esteem, confidence, leadership, sportsmanship, working together towards common goals, compassion – the list is endless!

Join our Cheerleading Team at the Academy.



**BOOKING**  
**ESSENTIAL**  
**01275**  
**840077**